

# 100-day Challenge

Goal: to play your instrument for 100 days in a row, without missing a day.

You are already HALF-WAY THERE!

The Rules:

- \* You can NOT miss a day
- \* If you miss a day, you must START OVER at Day 1.
- \* Minimum requirement per day:

date

51	52	53	54	55	keep it up! 56	57
58	59	continue the 60 awesome!	61	62	63	64
65	66	67	68	69	keep on truckin! 70	71
72	73	74	3/4 of the way 75 woo hoo!	76	77	78
79	...can you believe it? 80	81	82	83	84	85
86	87	88	89	you got this! 90	91	92
93	94	so close! 95	96	97	98	just one more... 99

Name: \_\_\_\_\_



Time to Celebrate!